Male Circumcision
a Man who Cares
Objective: To address opposition to MC due to tribal affiliation.

- What do you see here?
- Do you recognize that this is a Mukanda from Northwest Province?
- Did you know that this traditional practice has provided some protection of these tribes from HIV and in fact the Northwest province has relatively low HIV prevalence.
- Now the government is advocating that all tribes begin circumcising men.
- (Mention/show evidence if local tribal leaders have endorsed it.)

Key Messages: HIV does not discriminate by tribe, but practices like circumcision help prevent transmission.
Objective: *To dispel fears about pain*

- What do you think about this picture?
- Can you tell this man has just received a medical circumcision?
- Notice that he looks fine and not in pain.
- Pain is prevented by:
  - The penis is numbed before the procedure (like when you go to the dentist?)
  - Afterwards, you are given Paracetamol and some extra to take home for the following day.
  - You are advised to drink lots of water so if you get an erection you can go urinate.

**Key Messages:** *Pain is greatly minimized by medicine and doesn’t last long at all.*

**CLIENT TESTAMONIAL**

- Is there anyone here that has had a medical circumcision?
- Can you tell us about the pain?
- How long did it last?

**Action:** Referral slip
Book appointment
Objective: *To show what the penis will look like after male circumcision and discuss the benefits*

- What do you think about the circumcised penis versus uncircumcised one?
- What are the benefits of removing the foreskin?
- Partial prevention – no entry-point for virus
- Penis head is dryer and thicker
- Helps keep the penis clean
- Prevention of cervical cancer in your partners.

**Action:** Referral Flyer
Book appointment

**Key Messages**  Your penis will be better able to combat infections.
Penis A
Uncircumcised penis

Penis C
Circumcised
Objective: To inform the TG about the MC process, what will take place the day of the procedure.

CLOSE-ENDED
Here are the steps in the MC process:
1. Receptionist will greet you and help you fill in forms (all information is confidential.)
2. Group education session to learn more about the process.
3. Private HIV counseling and testing session
4. A physical exam (assessment) to ensure you are healthy enough for the procedure.
5. Prepared for procedure including a numbing injection so you won’t feel any pain.
6. Then you will have the procedure (about 30 minutes)
7. Wait in a recovery room for another 30 minutes.
8. Given paracetamol to control any pain (and also given some to take on the following day.)
9. Finally, you will see a counselor again to answer any further questions and explain about follow up care and visits.

OPEN-ENDED
• Has anyone here gone for medical circumcision or knows someone who has gone?
• Can you explain what happens from what you have experienced or heard?
• What happens first?
• Then what? Etc..

Action: Referral Flyer
Book appointment

Key Message: You will get same day service.
Reception

Counseling

Group Education

1-on1 Counseling & Testing

Assessment

Procedure

Recovery
Objective: To inform the TG about healing time, when they need to return to the clinic for follow up care and dispel all fears about long recovery time.

Healing time after the procedure is short: Here is what will happen:

**DAY 1:** You can have same day service at the clinic  
**DAY 2:** You should rest at home  
**DAY 3:** You must return to the clinic  
**DAY 4-7:** Normal daily activity including school and work  
**Day 8:** Return to the clinic

- Complete recovery takes 6 weeks in total  
- Must abstain from sex for full period  
- You can make it!  
- Having sex too early can be risky for you and your partner and may cause pain.

**Key Messages** Recovery time is generally very short and does not require taking a lot of time off of work. However, it is important to abstain from sex for 6 weeks after the procedure.
Healing Time

Day 1

Day 2

Day 3

Abstain from sex for 6 weeks

Days 4-7

Day 8
Objective: To give confidence in the quality of MC services provided at SFH sites.

You can see from these pictures:

• MC is performed in a **high quality and hygienic facility** in both static and even mobile sites.
• The procedure is performed by well **trained and experienced medical professionals**.
• You will get **same day service**. It’s first come, first served, so get there early so you can leave early.
• Both male and female providers are available upon request.

**Key Messages:** SFH male circumcision providers are well-trained and have a lot of experience providing MC.
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<th>City</th>
<th>Site Type</th>
<th>Address</th>
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<td>Lusaka</td>
<td>MC Chachacha Site</td>
<td>Stand 52 Chachacha Rd,</td>
<td>260-211-220085,</td>
<td>0977781753</td>
<td><a href="mailto:joseph.masiye@yahoo.com">joseph.masiye@yahoo.com</a></td>
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<td>MC YWCA Site</td>
<td>Stand 7391, YWCA Centre Nationalist Rd.</td>
<td>260-211-257558,</td>
<td>09777 874 364</td>
<td><a href="mailto:trinitynyangu@yahoo.com">trinitynyangu@yahoo.com</a></td>
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<td>Solwezi</td>
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<td>260-218-821038,</td>
<td>09666238728</td>
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<td>0977725114</td>
<td><a href="mailto:mmnshindano@live.com">mmnshindano@live.com</a></td>
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**Jubani:**

Age: 18-25  
Income: mid-low.  
*Lives at parents’ home.*  
*Has a steady girlfriend.*  
*Is a student at a Technical College.*  
*Has heard about MC from friends. Wants to go for MC but is afraid of the pain, bleeding, and a bad result.*  
*Fears losing respect of peers. Worries about pregnancy & HIV.*  
*Dreams of graduating & finding a job.*  
*Wants to make his parents proud.*

**Hot Spots:**
Schools/colleges, Universities, Worksites, Markets, Bus Stations, Church