Introduction
- Say hello and explain that you will be talking and answering questions about male circumcision

Questions
- What do you already know about circumcision?
- What would you like to know about male circumcision?

Talking points
- Circumcision is a matter of health and hygiene
- Being circumcised increases protection for HIV, penile cancer and also cervical cancer in women
- It is more convenient to do it before becoming sexually active
How much will it hurt?
Questions
- What have you heard about pain related to circumcision?
- What concerns do you have about pain?

Talking points
- A local anesthesia (pain killer) is given through an injection so you won’t be able to feel the surgery
- The only pain will be the injection, and no need to worry, the injection is NOT on the penis
- Pain killers are also provided for the days after the procedure
- Follow up revisions are done to make sure everything goes fine
The Risks
Questions
- What do you think the risks of being circumcised are?
- Have you heard about risks from boys or men who have circumcised or are they loose opinions?

Talking points
- There may be some discomfort during the recovering period
- If instructions are not followed correctly, there may be some bleeding
- There are minimum chances of reactions to anesthesia
- Even if any serious effects happened, there is follow up care available
The Benefits
Questions
- What do you think are the benefits of being circumcised?

Talking points
- Benefits have to do both with HEALTH and HYGIENE
- It is easier to keep the penis clean
- There is reduced chance to get HIV and other sexually transmitted disease
- Risk to develop penile cancer is reduced
- Risk of female sexual partner to develop cervical cancer is also reduced
- You will be more open to circumcise your sons when you become a father
How does circumcision reduce HIV transmission?
Questions
- Can somebody explain how circumcision reduces the risk of acquiring sexually transmitted infections, including HIV?

Taking points
- The inner surface of the foreskin provides easy entry for HIV
- Circumcision is the COMPLETE removal of the foreskin
- If you are circumcised HIV has to work much harder to get into the body
- However, even with circumcision HIV may be able to enter the body, that is why it is so important to use a condom when having intercourse
When can I play soccer again?
Questions
- What have you heard?
- How long do you think you have to wait?

Talking points
- Overall, you should be fit for physical activity after 7 days
- Nevertheless if you experience some pain after those 7 days, don’t engage in any sports until there is no more pain
- During those first 7 days when you are resting, it is very important to clean your penis at least twice a day and always have clean underwear
So how do I get circumcised?
The Male Circumcision Process

1. First you need to register, when we are done you give me your name and phone number. Remember if you are under 18 you need your parents to sign a consent form. You can register today and bring the consent later.

2. You will be informed of the date that you will go to the clinic. Free transport will be available.

3. Once you get to the clinic you will talk to a counselor and you will be encouraged to take an HIV test (I will explain why later).

4. There will be other clinical examination such as taking your blood pressure and any tests that the doctor thinks appropriate. If everything is fine you will go into the procedure.

5. The surgical procedure takes place for a few minutes and then you will be moved to the recovery room.

6. When you have rested and everyone from your group is ready, you are taken back to the point where you were picked up.

7. Follow-up visits will take place after two and seven days. Free transport will be available again.
The importance of HIV testing
Questions
- Why do you think testing for HIV is important before circumcising?
- Do you have any concerns about testing?

Talking points
- Testing for HIV is NOT mandatory but is strongly encouraged
- If you happened to be HIV positive and your CD count is low it is not a good idea to circumcise because you will have issues with healing; you would need to circumcise at a later date if you still want to
- If you happened to be positive it is best to know early to get treatment and live a healthy life
- There will be a counselor available when you test
And why are girls part of this discussion
Questions
- Why do you think girls are involved in this discussion?
- Why should girls be involved in male circumcision?

Talking points
- Although circumcision mainly protects the man, as a result of fewer male HIV infections, women have fewer chances of getting involved with a man who could potentially infect them.
- It has been proven that women who have sexual relations with circumcised males have fewer chances of developing cervical cancer.
- Young boys who are circumcised aren’t any better than their female counterparts, yet they are showing more sensitivity than uncircumcised boys.
OK! Who wants to circumcise?

If you have further questions or concerns call 977 free of charge
Questions
- Are there any questions or concerns I did not address?

Talking points
- If there are questions or issues that could not be addressed, the School Champion will look for answers and/or experts who can answer them
- One possibility is to call 977 free of charge to clarify questions or concerns
- Those who are interested can register now and take the consent form if they need one to discuss with their parents
- If somebody has not decided, they can register later on