

Male Circumcision

are you a Man who Cares?

A Man who Cares about his life...
understands that MC can reduce his risk of contracting HIV and other STIs such as syphilis and genital herpes. He also knows that MC does not provide 100% protection, so it is important to abstain or stick to one partner and use condoms consistently after being circumcised.

A Man who Cares about his family...
talks to his partner about how MC can reduce the risk of cervical cancer in women. He will also encourage his sons, cousins, brothers, nephews, uncles and neighbours to go for MC!

A Man who Cares about hygiene...
knows MC can make it easier to keep the penis clean. MC can also help prevent urinary tract infections in baby boys.

Male Circumcision can reduce the risk of HIV transmission for men. **Go for MC today!**















Facts about MC

- MC is recommended for all Zambian males.
- Boys below 18 need parent/guardian consent.
- Boys below 7 years may not be eligible for MC at all clinics.

Before the procedure

- Find a trained health professional.
- Eat something and bathe in the morning.
- Wear clean underwear and loose pants.
- You will be encouraged to take an HIV test.
- Talk to your MC provider about possible risks.
- You will be given pain-relieving medicine so you won't feel much pain.

After the procedure

- You can resume school or work after 2-7 days.
- No sexual activity or masturbation for 6 weeks.

Male Circumcision

a Man who Cares!

For more information go to your local clinic

or call the free hotline

Free 24hrs Talkline "talk to a friend" **Call 990** CONFIDENTIAL HIV TALKLINE

Ministry of Health

The Ministry of Health is collaborating with these organizations and many others to bring MC services to you:

USAID · PRISM · psi · Jhpiego (innovating to save lives, an affiliate of Johns Hopkins University) · Marie Stopes International Zambia · CIDRZ · ZPCT II