Zimbabwe’s Experiences

COMPREHENSIVE SEXUALITY EDUCATION (CSE) AND LIFE SKILLS
CSE and Life Skills in the education sector

• Rolling out of the Life Skills, Sexuality, HIV and AIDS Strategic Plan 2012-2015;

• Teachers and lecturers have been trained in CSE (over 12000 so far) to provide guidance and counselling to prepare learners to develop positive decision making skills and apply them responsibly.

• Under the 2017 New Curriculum Framework – CSE and Life skills now a learning area – examinable >>> manuals for G&C for primary & secondary levels developed (address safe sex education as a component)
CSE and Life Skills in the Community & Health Facility Settings

- The Updated 2016 Edition of the standard ASRH Training Manual has a strong component on CSE and Life Skills, including hygiene for both boys and girls;

- CSE and life skills training also being integrated with Parent-child communication and mentorship community based clubs and currently running an online training on CSE, which include life skills;

- CSE and life skills provision integrated as a key referral service under the Standards on YFSP – adapted from WHO;

- Trained health workers serve as guest speakers during community campaigns and in schools.

**NB:** Indicators and tools to monitor CSE for out of school remain a gap
Genital hygiene within the VMMC programme

**Before Circumcision procedure**
- Client encouraged to bath thoroughly and wash under the foreskin

**During procedure**
- Follow standard surgical protocols on skin preparation of the genital area

**After Procedure**
- Client educated on genital hygiene during post op counseling
- Education on clean wound care after circumcision.
- Providing clean or sterile dressings to use at home
- Client given flyers on wound care which the following information:
  - Keep the wound dry and the bandage in place for at least two days, the client needs to have salt baths daily from day two; i.e. after the bandage has been removed.
  - Education on avoidance of application of home remedies on the wound
  - Personal cleanliness: keep the genital area dry and to use a fresh pair of clean well fitting undergarments
  - Use tissue to wipe the genitals dry after urinating
  - Wash hands after using the toilet
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❖ Subsequent visits
  - Service providers reinforce education on genital hygiene

❖ Community involvement
  - Health providers and mobilisers educate communities on importance of maintaining personal hygiene
THANK YOU