



## Maseru's Most Masculine Clinic: Improving Men's Access to Health Care in Lesotho





### Background: VMMC/ male clinic

- Scott hospital VMMC/Male clinic is a stand alone site, away from the main hospital, only male clinic in the country within a public hospital.
  VMMC site since 2014
- Anecdotal and DHS evidence points out that generally Basotho men do not go for healthcare services
- Funded by USAID, VMMC sites has been found to be a platform for men to access healthcare services, serving over 130,000 men
- Integrated services
- Program began July 2016, Populations served
  - adult males > 15 years of age
  - Female partners





### Theory of Change

**Impact Outputs Program Inputs** Outcomes Improved health **Community Interventions:** Changed perceptions of Community Sensitization quality care and health Improved ✓ Radio shows seeking by clients and adherence to ✓ Satisfied Clients providers treatment infectious diseases Reduced transmission ✓ Word of Mouth and retention Community ART Groups + Increased health and other chronic conditions Better quality of seeking well-being of Basotho comprehensive services: Intention and ✓ Reduced waiting times Agency improved **Facility Interventions:** ✓ Increased privacy and Male priority health services Increased confidentiality Male providers diagnosis of ✓ Patient-centered Flexible hours, Mon-Sat chronic ✓ More competent Provider knowledge, skills, conditions providers on range of population attitudes for male conditions services Integrated services ✓ Respectful attitude ✓ Holistic services offered at once

**Behavioral Norms** 

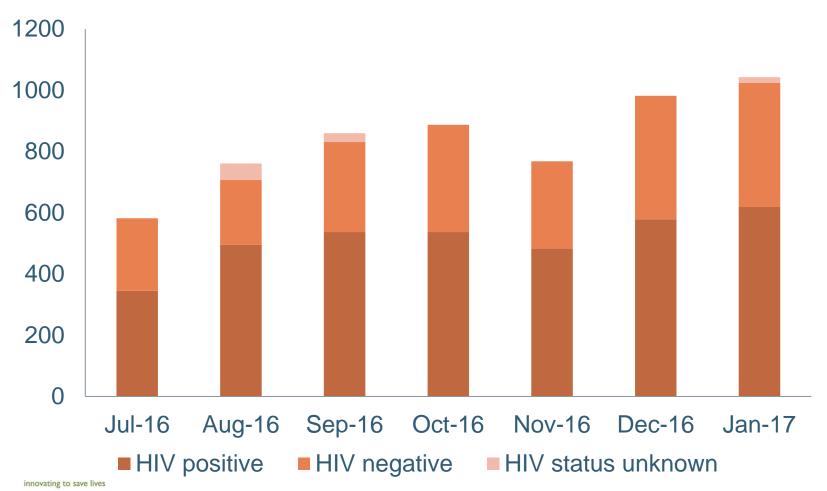


**Gender Norms** 

Socio-Cultural Norms

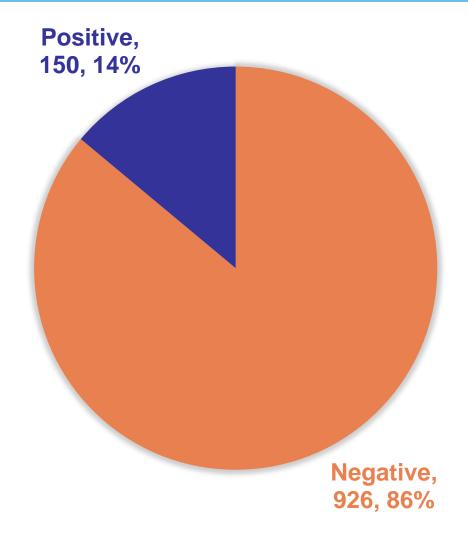
Reduced Stigma

# Client visits July 2016-January 2017 (not including VMMC)





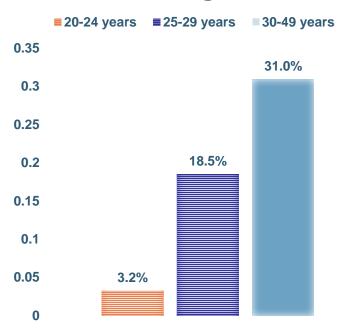
## All Clients tested for HIV in the male clinic, July 2016 to Jan 2017



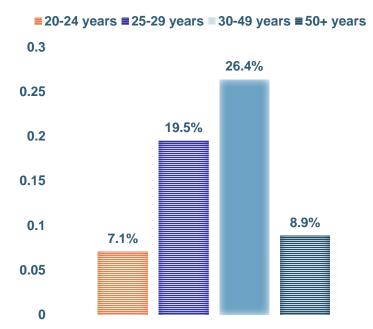


# 150 men newly diagnosed with HIV from July 2016 to January 2017

# New HIV Diagnoses of VMMC Clients by Age Range

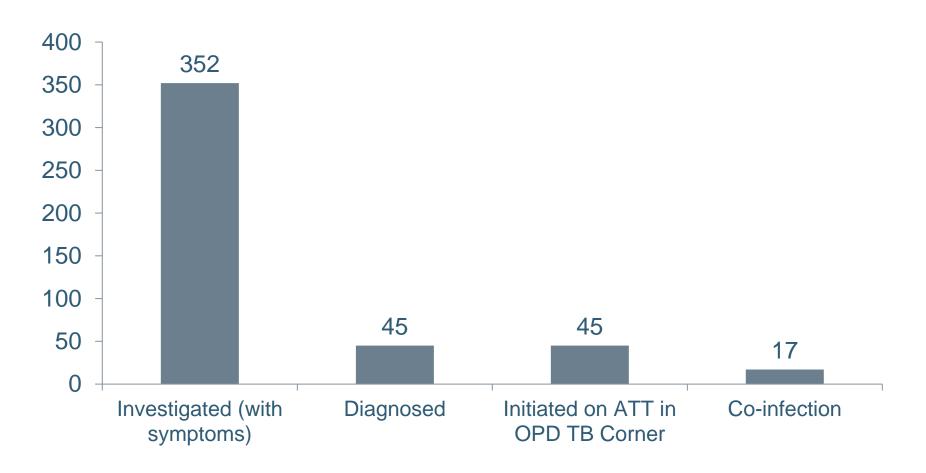


## New HIV Diagnoses of non-VMMC Clients by Age Range





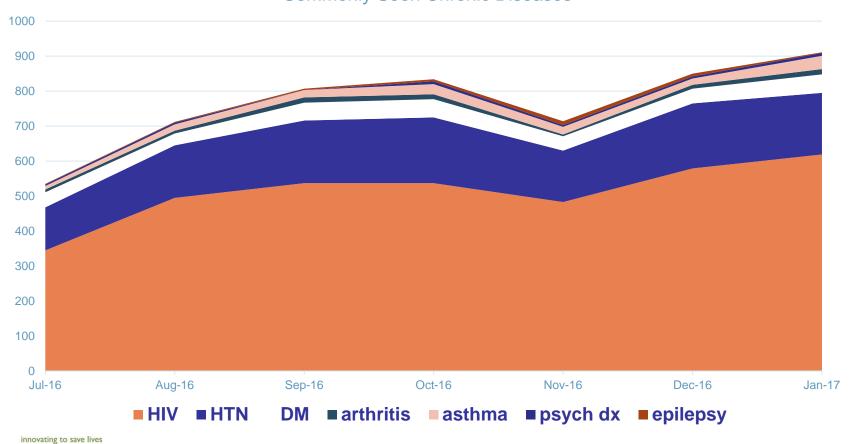
#### TB Cascade, July 2016 – January 2017





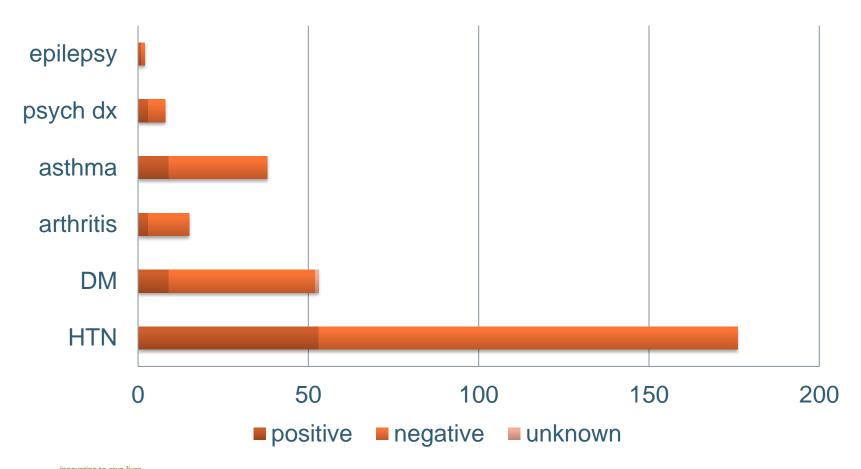
### Visits by Chronic diagnosis

#### Commonly Seen Chronic Diseases



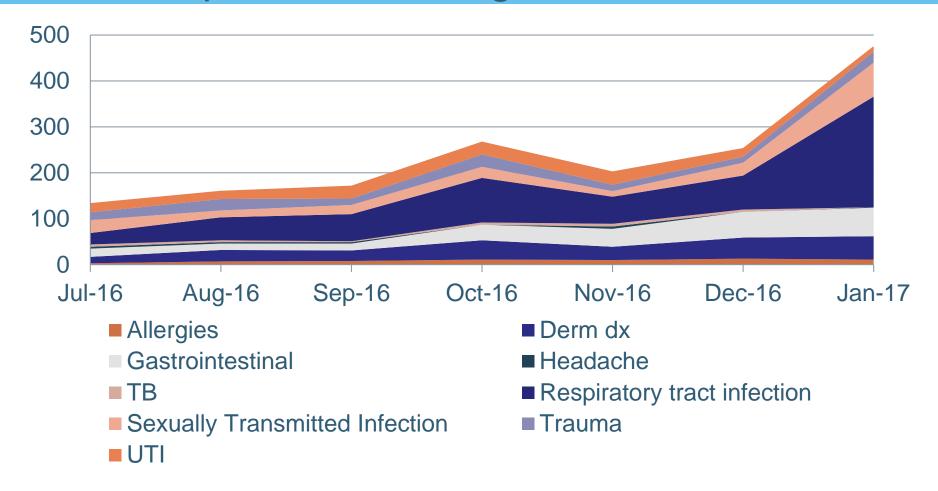


#### People receiving services for chronic diseases by HIV status, July 2016 – January 2017





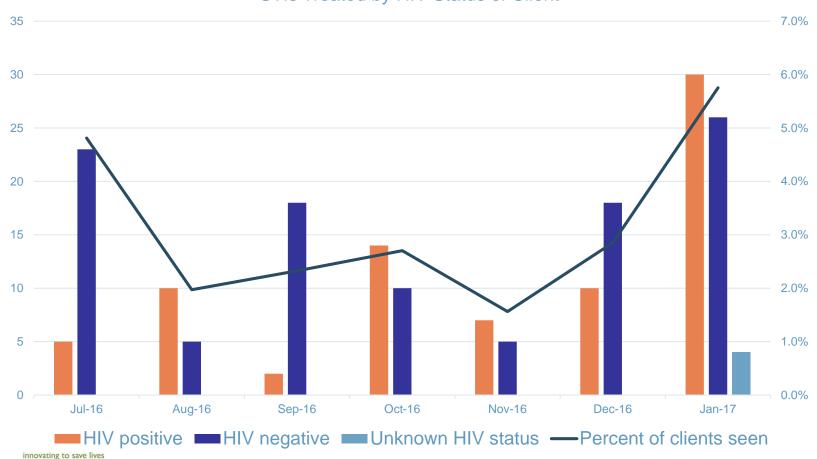
# Reasons for acute visits among HIV positive and negative clients





# Sexually transmitted infections are commonly diagnosed and treated

STIs Treated by HIV Status of Client





### Results: satisfaction survey

"I'm free to explain all my diseases and to ask some questions to the male doctor".

" Male doctors have secrets and are confidential unlike women doctors."

"Yes, because we are free to raise our concerns... Ever since we were provided these services as men only, I feel very much satisfied."



#### #whatworks

- Male-priority clinic increases attendance
- VMMC is a learning platform to address males need
- sociocultural and gender norms
- Co-morbidity is common
- Need to expand access to care for men living with chronic diseases beyond HIV
- Enhancing partner testing

