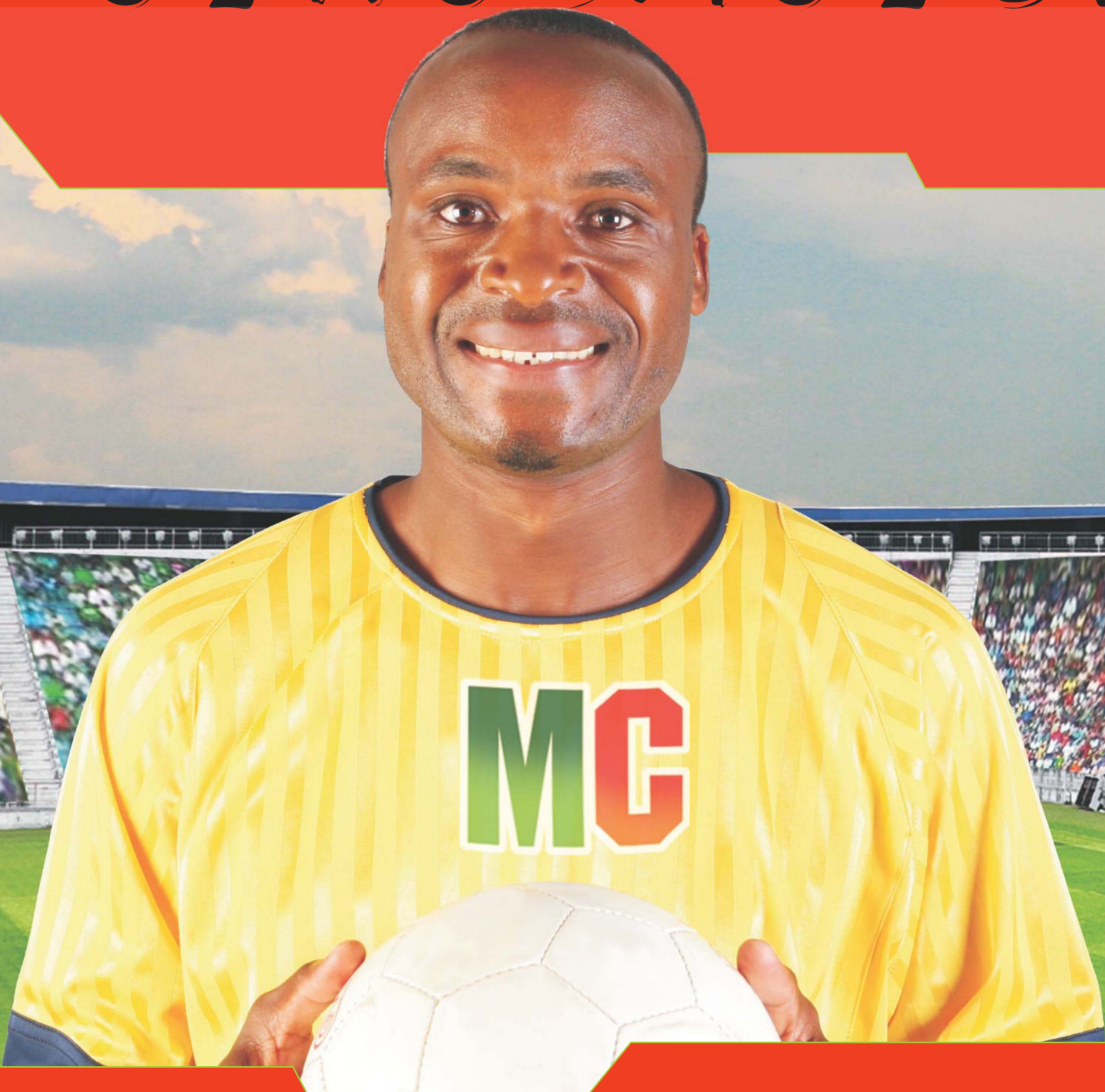


“I'M A WINNER
BECAUSE I
HAVE BEEN
CIRCUMCISED”



Male circumcision (MC) is the surgical removal of the foreskin in men. MC protects you against HIV and improves your sexual hygiene. After MC, the skin on the head of the penis becomes harder, making it difficult for HIV and STIs to penetrate.

MC does not provide 100% protection against HIV. It should be used together with other proven HIV prevention methods including:

- Abstinence
- Reduced number of overlapping sexual partners
- Correct and consistent condom use
- Knowledge of status

DEFEND YOURSELF FROM HIV. GET CIRCUMCISED

