



**MC SMS Client Notification System: Messages and Schedules as at October 28, 2010**

Message #	# days after MC sent	Time of day sent	Message text	Character count
1	0	Right Away	This is your MC Provider. Thank you for deciding to go for male circumcision. You have joined the fight against HIV/AIDS in Zambia. More info is yet to come!	159
2	0	Right Away	If you are not the intended recipient of this Male Circumcision (MC) message, please write: 'MC STOP' and send to 4240 to stop receiving info on MC. Thanks.	156
3	1	12:00	Don't forget to come back to the clinic for your 2-day review tomorrow. Your MC provider will check that your healing is ok and the bandage will be removed.	156
4	2	7:00	This is your MC provider. See you at the clinic today for your TWO-DAY review. Some pain is normal now, but call 990 (toll free) if you have heavy bleeding.	158
5	3	12:00	This is your MC provider. It is normal to feel a bit of pain and swelling, but this should go away soon. Pass urine if you have painful erections.	147
6	4	12:00	This is your MC provider. Be sure to call or come back to the clinic anytime if you have a concern. Page the mobile number you were given, or call 990 (free).	160
7	5	12:00	This is your MC provider. When you come for your SEVEN-DAY review, please bring a few friends with you. They will be happy that you referred them for MC.	154
8	6	12:00	This is your MC Provider. Don't forget to come back for your 7-day review tomorrow. It's a great time to learn about how to stay safe now that you've had MC.	157
9	13	12:00	Good things come to those who wait. Remember, no sex or masturbation for six weeks after MC. Talk to your partner and make sure you have her full support.	155
10	20	12:00	Patience is a bitter plant, but it has sweet fruit. Remember, you may feel fully healed even though you're not! No sex or masturbation for three more weeks.	159
11	27	12:00	This is your MC Provider. Abstaining from sex and masturbation ensures that you will heal properly. Talk to a counselor if you have any questions at 990 (free).	160
12	34	12:00	This is your MC Provider. Six weeks may seem like a long time, but it is actually less than 1% of your entire life! No sex or masturbation for 8 more days.	156
13	41	12:00	This is your MC provider. Today you may be fully healed! Abstain, condomize and stick to one faithful partner! Remember, MC does not provide 100% protection.	158
14	48	12:00	The fight against HIV is not finished! If you start having sex again after MC, it is vital to protect yourself and your partner by using condoms every time.	158
15	55	12:00	This is your MC Provider. Now is a good time to think about getting tested again for HIV. Remember that MC does not provide 100% protection from HIV and STIs.	160